

The Wealth Counselor

A monthly newsletter for wealth planning professionals

From [Michael Wittick](#)

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My practice is people oriented and exclusively devoted to estate planning, estate and trust administration, estate and trust litigation, asset protection and business planning. My newsletter highlights wealth planning issues designed as helpful insights to your practice

Understanding the Opportunities with Aid & Attendance Benefits

A prior issue of The Wealth Counselor addressed the planning opportunities that exist with planning for Medicaid (Medi-Cal in California), particularly where the client's advisors work together to create a plan that addresses all aspects of the client's planning needs. This issue addresses a related topic, VA Aid and Attendance pension benefits.

Even advisors who focus on higher net worth clients should not discount the opportunities that exist with Aid and Attendance pension benefits. There are now over 25 million US veterans eligible for some type of VA benefits, many of whom have no idea Aid and Attendance pension benefits exist (and their local VA office won't tell them about it!). Moreover, World War II veterans are dying at the rate of approximately 1,800 per day. Thus, the need for this type of planning is greater than ever.

Many of the veterans or their surviving spouses you discuss this planning with may not qualify, but they could become traditional wealth planning clients. Alternatively, this benefit may be of interest to their aging parents, siblings or other family members.

Planning Tip: While Aid and Attendance pension benefits are only available to a limited segment of the population, the general lack of knowledge regarding this benefit makes it a marketing opportunity for all wealth planning professionals, not just those who focus on Elder Law.

What is Aid & Attendance?

Aid and Attendance is a "special monthly pension" available to wartime veterans or surviving spouses of wartime veterans. Aid and Attendance is not actually a stand-alone benefit. Rather, it is an additional allowance that a veteran or surviving spouse who is already entitled to certain VA pension benefits (because of his or her wartime service and non-service-connected disability) may additionally be entitled to upon meeting certain medical and financial requirements. Aid and Attendance differs from compensation, which is available to all veterans who suffer from a service-connected disability. [Table 1](#) below identifies periods of war for purposes of all VA pension benefits.

Planning Tip: Aid and Attendance pension benefits are additional veterans' benefits available to wartime veterans who need the aid and attendance of another to meet their daily needs.

Prerequisite Benefits

A veteran or surviving spouse (called a claimant by the VA) must first be eligible for what the VA refers to as regular pension. Regular pension is available when a wartime veteran (one with 90 days of active duty, and at least one day beginning or ending during a period of War) has limited income and assets and suffers from a non-service-connected permanent and total disability. In some circumstances, being over the age of 65 may qualify a claimant without the need to show a disability.

Permanent and total disability includes a claimant who is:

1. In a nursing home;
2. Determined disabled by the Social Security Administration;
3. Unemployable and reasonably certain to continue so throughout life; or
4. Suffering from a disability that makes it impossible for the average person to stay gainfully employed.

Asset & Income Requirements

The financial eligibility requirements of Aid and Attendance benefits address a claimant's net worth and income. A married veteran and spouse can currently have no more than \$80,000 in countable assets (less for a single veteran or surviving spouse), which includes retirement assets but excludes a home and vehicle. However, the \$80,000 limit is a guideline only; it is not a rule set by the VA. The VA looks at a claimant's total net worth, life expectancy, income and medical expenses to determine whether the veteran or surviving spouse is entitled to special monthly pension benefits.

Planning Tip: Many times the advisor's most difficult task in this area is to reduce a claimant's assets down to the applicable level (or what one hopes will be acceptable to the VA). Like Medicaid planning, this often requires income tax planning and the utilization of financial products such as annuities.

There is no income limit for VA pension benefits. There is, however, what the VA refers to as Income for VA Purposes (IVAP), or a claimant's gross income from all sources less countable medical expenses. If a claimant's IVAP is equal to or greater than the annual benefit amount, the veteran or surviving spouse is not eligible for benefits. [Table 2](#) and [table 3](#) show the applicable income and pension amounts for both veterans and surviving spouses.

Is the Claimant Housebound?

If a claimant qualifies for regular pension and is housebound, the claimant's maximum allowable income increases (as does the annual benefit amount) to the special monthly pension. The VA defines housebound as being substantially confined to the home or immediate premises due to a disability that will likely remain throughout the claimant's lifetime. A veteran with no dependents who is housebound is eligible for benefits of up to \$13,356 in annual income.

Unreimbursed medical expenses will reduce a claimant's income dollar for dollar. But remember, to be eligible for a special monthly pension for being housebound, the claimant's IVAP must be less than the annual income threshold.

To illustrate, a veteran with exactly \$13,356 in annual income would not be eligible for a special monthly pension for being housebound. However, if that veteran was able to show annual income of \$20,000 and unreimbursed medical expenses of \$25,000, the veteran would be eligible for \$13,356 in annual special pension (paid on a monthly basis) because the veteran has negative IVAP. A surviving spouse with no dependents who is housebound can have an annual IVAP of up to \$8,957.

Does the Claimant Require the Aid and Attendance of Another?

If a claimant can show, through medical evidence provided by a primary care physician or facility, that the claimant requires the aid and attendance of another person to perform activities of daily living, that veteran or surviving spouse may qualify for an additional monthly special pension commonly referred to as aid and attendance pension benefits.

The VA defines the need for aid and attendance as:

1. Requiring the aid of another person to perform at least two activities of daily living, such as eating, bathing, dressing or undressing;
2. Being blind or nearly blind; or
3. Being a patient in a nursing home.

[Table 2](#) and [table 3](#) below show the applicable pension amounts for each type of VA pension.

Planning Tip: The maximum pension for a married veteran is \$1,801 per month (\$21,615 per year), while the maximum pension for a veteran's widow is \$1,165 per month (\$13,976 per year). The VA pays this pension directly to the claimant, and it makes no difference whether the claimant receives medical care at home, in an assisted living facility or in a nursing home.

Qualification

As stated above, the VA looks at a claimant's total net worth, his or her life expectancy, and his or her income and expenses to determine whether the claimant should qualify for special monthly pension. Unlike Medicaid, there is no look-back period and no penalty for giving assets away. However, one must use caution when considering a gifting strategy to qualify a veteran or surviving spouse for special monthly pension benefits, as this will cause a period of ineligibility for Medicaid which could be as long as five years. Other Medicaid planning strategies may apply when trying to qualify a veteran or surviving spouse for special pension with aid and attendance.

Planning Tip: The client's advisors (particularly the attorney and financial advisor) must work together to determine the best combination of strategies and financial products that will gain eligibility for special monthly pension but not disqualify the client from Medicaid.

For example, Bob, an unmarried wartime veteran, suffers from dementia and needs help dressing, taking medication and bathing. He has assets of \$150,000 and social security income of \$1,100. Bob lives at home and pays a home health aide \$2,000 per month. He has negative income for VA purposes (the applicable annual rate is \$18,234 or \$1,519 monthly) and is running short \$900/month in covering his medical expenses. However, Bob's assets will most likely prevent him from receiving improved pension with aid and attendance.

To qualify Bob for special monthly pension with aid and attendance, one option might be for him to use \$100,000 of his assets to purchase an immediate annuity structured to pay less than \$900 per month (the annuity should be actuarially sound so as not to cause a problem with Medicaid eligibility). Even with the annuity payment, Bob can show negative annual income, assets of only \$50,000, and he can show a medical need for the benefit. Therefore, Bob would most likely be eligible for the maximum annual pension rate of \$18,234 (paid in monthly payments of \$1,519.50).

The Application Process

While the application process for special monthly pension can be agonizingly slow - some applications take over a year before the VA makes a decision - the benefit is retroactive to the month after application submission. Having the proper documentation in place at the time of application (for example, discharge papers, medical evidence, proof of medical expenses, death certificate, marriage certificate and a properly completed application) can cut the processing time in half.

Planning Tip: Benefits are retroactive to the month after application submission, so advisors should help clients apply as quickly as possible while also helping to ensure that the application is complete.

Conclusion

Even advisors who do not wish to practice in the area of Aid and Attendance special pension benefits should be able to recognize the opportunity for prospective and existing clients. They should also be ready to recommend someone who can assist in this area.

Because of the impact transfers may have on the client's eligibility for other benefits such as Medicaid, it is critical that the client's advisor team work together to maximize the benefits available to the client.

Table 1: Wartime Periods		
(a)	World War I. April 6, 1917 through November 11, 1918, inclusive.	If the veteran served with the United States military forces in Russia, the ending date is April 1, 1920. Service after November 11, 1918 and before July 12, 1921 is considered World War I service if the veteran served in the active military, naval, or air service after April 5, 1917 and before November 12, 1918.
(b)	World War II. December 7, 1941, through December 13, 1946, inclusive.	If the veteran was in service on December 31, 1946, continuous service before July 26, 1947, is considered World War II service
(c)	Korean conflict. June 27, 1950, through January 31, 1955, inclusive.	
(d)	Vietnam era. The period beginning on February 28, 1961, and ending on May 7, 1975, inclusive.	In the case of a veteran who served in the Republic of Vietnam during that period. The period beginning on August 5, 1964, and ending on May 7, 1975, inclusive, in all other cases
(e)	Future dates. The period beginning on the date of any future declaration of war by the Congress and ending on a date prescribed by the Presidential proclamation or concurrent resolution of the Congress.	
(f)	Mexican border period. May 9, 1916, through April 5, 1917, in case of a veteran who during such period served in Mexico, on the borders thereof, or in the waters adjacent thereto.	
(g)	Persian Gulf War. August 2, 1990, through date to be prescribed by Presidential proclamation or law.	

Table 2: Pension Rates for Veterans	
<i>If you are a Veteran...</i>	<i>Your yearly income must be less than:</i>
Without spouse or children (no dependents)	\$10,929 *to be deducted, medical expenses must exceed 5% of maximum annual pension rate, or \$546
Veteran with 1 dependent	\$14,313 *to be deducted, medical expenses must exceed 5% of maximum annual pension rate, or \$715
Housebound without dependents	\$13,356
Housebound with one dependent	\$16,740
Aid and Attendance with no dependents	\$18,234
Aid and Attendance with 1 dependent	\$21,615
Add \$2,480 for any early war veteran	
Illustration: Veteran who is married and requires the aid and attendance of another has annual income less unreimbursed medical expenses, of \$15,000. That veteran would only be eligible for \$1,740 per year in improved pension which totals \$145 per month.	

Table 3: Pension Rates for Surviving Spouses	
If you are a surviving spouse...	Your yearly income must be less than:
Without children	\$7,329 *to be deducted, medical expenses must exceed 5% of maximum annual pension rate, or \$366
With 1 dependent	\$9,594 *to be deducted, medical expenses must exceed 5% of maximum annual pension rate, or \$479
Housebound without dependents	\$8,957
Housebound with one dependent	\$11,219
Aid and Attendance with no dependents	\$12,471
Aid and Attendance with 1 dependent	\$13,976
Illustration: Surviving spouse is housebound and has annual income, less unreimbursed medical expenses, of \$8,000 and no dependents. That spouse would only be eligible for \$957 per year in improved pension (\$79 per month).	

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To comply with the U.S. Treasury regulations, we must inform you that (i) any U.S. federal tax advice contained in this newsletter was not intended or written to be used, and cannot be used, by any person for the purpose of avoiding U.S. federal tax penalties that may be imposed on such person and (ii) each taxpayer should seek advice from their tax advisor based on the taxpayer's particular circumstances.

You have received this newsletter because I believe you will find its content valuable, and I hope that it will help you to provide better service to your clients. Please feel free to [contact me](#) if you have any questions about this or any matters relating to estate planning.

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